

# Gosport Leisure Centre



## Sensory accessibility guide

# Welcome to Gosport Leisure Centre





















At Gosport Leisure Centre we hope we can enable you to be more informed ahead of your visit and reduce any anxieties or worries you may have.

You may have tools and strategies that already aid you and we're aware that this sensory accessibility guide may not be able to accommodate all possible access needs, but we hope to offer a safe space where you feel comfortable in asking us for any additional assistance and advising how we can better support your time with us.

From all of us at Gosport Leisure Centre.





















# Gosport Leisure Centre ground floor sensory map



- |   |   |               |   |   |                       |
|---|---|---------------|---|---|-----------------------|
|  |  | Quiet spaces  |  |  | Touch and feel        |
|  |  | Noisy spaces  |  |  | Strong smells         |
|  |  | Bright areas  |  |  | Increased temperature |
|  |  | Natural light |  |  | Toilets               |
|  |  | Large crowds  |  |  | Accessibility help    |

# Gosport Leisure Centre first floor sensory map



- |   |   |               |   |   |                       |
|---|---|---------------|---|---|-----------------------|
|  |  | Quiet spaces  |  |  | Touch and feel        |
|  |  | Noisy spaces  |  |  | Strong smells         |
|  |  | Bright areas  |  |  | Increased temperature |
|  |  | Natural light |  |  | Toilets               |
|  |  | Large crowds  |  |  | Accessibility help    |

# Gosport Leisure Centre sensory swimming guests

## Entrance and reception



This is the **entrance** to Gosport Leisure Centre. This area can be crowded and you may have to queue. The turnstiles can make a clicking sound.

A sensory bag is available to borrow from our reception team and they will also be happy to signpost you a quieter area if needed.



On the right of the reception desk is a Zoggs's product wall.

There are lots of colourful swimming products that can be busy for your eyes.



Through the turnstiles are **two** studios.

You may hear music or an instructor of the class, playing loudly from the speakers outside of the studio.



There may be some flashing lights from the group cycling studio, alongside music and instructors.



## Ground floor corridor



This is the way to the changing facilities for the swimming pool.

The accessible changing room and toilets are located down here.

## Toilets



There are male and female toilets as well as accessible toilets.

In there you will find hand dryers, these can make a loud noise when in use.

## Wet change



This is a mixed changing area with individual cubicles. The floor may get wet here.

You may want to bring your own sliders, flipflops or wet shoes.



You may hear the hairdryers, these can make loud noises and you may also feel hot air from them.

## Wet change



Lockers in the changing rooms need your own padlock, these can be purchased from our friendly reception team.



You may feel the wet floor on your feet, you might want to bring sliders, flipflops or wet shoes to wear.



The group showers are located on your way to the pool, sometimes you might feel a splash when passing.



The air temperature in the pools will feel warm.